

BLEEDING CONTROL INSTRUCTIONS

This instruction card is intended to provide guidance in an emergency situation. It is NOT a substitute for proper instruction, training, and practice.

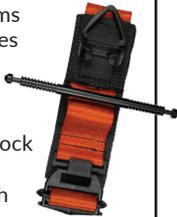
1 GLOVES & SHEARS For Personal Protection & Access



Use shears to remove enough clothing to expose wound area.

2 SOF TOURNIQUET For Severe Bleeding

Consult detailed instructions included with tourniquet. Use only on arms and legs. Apply at least 2-3 inches above wound, not on a joint. Wrap around limb and pull strap tightly. Turn rod until bleeding stops. Secure rod and lock into place with triangle. Record application time on SOF tag with enclosed marker.



3 COMPRESSED GAUZE For Wound Packing



To staunch bleeding, use enough to fill wound space completely. Hold pressure for 3-4 minutes. Cover with compression wrap (included Emergency Trauma Dressing).

4 EMERGENCY TRAUMA DRESSING For Wound Packing

Use over compressed gauze if wound requires packing. Place pad over wound site. Wrap snugly to apply pressure to wound. Secure the clip.

